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- Integrative Orthopedics
- Integrative Rheumatology
- Research Publications
- Seminars

INTEGRATIVE & BIOLOGICAL MEDICINE

Concepts, Perspectives, Algorithms, & Therapeutics
*The art of creating wellness
while effectively managing
acute and chronic health disorders*

Integrative Rheumatology is a clinically-oriented textbook that extends beyond *Integrative Orthopedics* to outline treatment plans for autoimmune and systemic inflammatory disorders. Since approximately 1 of every 7 (14% of total) visits to a primary healthcare provider is for the treatment of musculoskeletal pain or dysfunction, every physician needs to have 1) knowledge of important concepts related to musculoskeletal medicine, 2) awareness of urgent and

emergency conditions, 3) skills to competently perform orthopedic examination procedures and clinical assessments, 4) ability to interpret common laboratory tests, and 5) the knowledge and ability to design and implement effective treatment plans. *Integrative Rheumatology* empowers students and doctors with the insight necessary for the design and implementation of truly integrative treatment plans for conditions such as systemic lupus erythematosus, rheumatoid arthritis, ankylosing spondylitis, psoriasis and psoriatic arthritis. Diagnostic, therapeutic, risk reduction and patient management strategies are emphasized throughout.

Students in chiropractic and naturopathic medical colleges will find *Integrative Rheumatology* to provide a needed blend of concepts as well as the practical "how to" information on patient management that is often neglected in other textbooks or which can only be obtained after years of clinical experience. This book will help you synthesize your courses in physical examination, manipulation, physiotherapy, nutrition, botanical medicine, neurology and therapeutic exercise into a cohesive set of skills that enables you to effectively help your patients overcome their musculoskeletal problems while you simultaneously promote wellness by looking at the bigger picture of their overall health rather than simply focusing on "the problem." *Integrative Rheumatology* provides the information and citations to the research literature that you need in order to feel confident about your skills and the responsibilities that you will face as a healthcare provider.

Clinicians of all disciplines—whether ND, DC, DO, Lac, MD, PA, or NP—will find the blend of research and clinical pearls helpful in their integrative management of patients with systemic autoimmune and rheumatic disorders. The text is abundantly referenced to textbooks and peer-reviewed biomedical journals. *Integrative Rheumatology* will give you a clinical advantage and the research justification to help treat your patients in the most natural, safe, and holistic means possible. Accessing the website provides links to updates and recently published articles by Dr. Vasquez.

Alex Vasquez is a graduate of Western States Chiropractic College and Bastyr University, a licensed Naturopathic Physician in Oregon and Washington, a licensed Doctor of Chiropractic in Texas, and author of more than 50 letters and articles in professional magazines and medical journals such as *The Lancet*, *British Medical Journal*, *Annals of Pharmacotherapy*, *Nutritional Perspectives*, *Journal of Manipulative and Physiological Therapeutics*, *JAMA: Journal of the American Medical Association*, *Original Internist*, *Integrative Medicine: A Clinician's Journal*, *Holistic Primary Care*, *Alternative Therapies in Health and Medicine*, *Dynamic Chiropractic*, *JAOA: Journal of the American Osteopathic Association*, and *Arthritis & Rheumatism: Official Journal of the American College of Rheumatology*.

\$65.00 US
Integrative medicine
Naturopathic medicine
Chiropractic
Rheumatology



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Twenty Chapters of Clinically-Oriented Information and Protocols

1. Introduction, Concepts, Patient Assessments, Musculoskeletal Emergencies
2. Re-establishing the Foundation for Health
3. Comprehensive Musculoskeletal Care
4. Food Allergy, Multifocal Dysbiosis, Xenobiotic Immunotoxicity and Detoxification Procedures, Orthoendocrinology, Immunonutrigenomics
5. Risk Reduction and Clinical Management
6. Rheumatoid Arthritis
7. Systemic Lupus Erythematosus
8. Scleroderma
9. Psoriasis and Psoriatic Arthritis
10. Sjogren's Syndrome
11. Spondyloarthropathies, Ankylosing Spondylitis, Reactive arthritis, Vertebral Osteomyelitis, and Infectious Discitis
12. Sarcoidosis
13. Polymyositis and Dermatomyositis
14. Polymyalgia Rheumatica and Giant Cell Arteritis
15. Wegener's Granulomatosis
16. Vasculitis Syndromes—Vasculitides
17. Behcet's Syndrome
18. Iron Overload and Hemochromatosis
19. Additional Concepts and Selected Therapeutics
20. Core Competencies and Examination

INTEGRATIVE RHEUMATOLOGY Second Edition 2007 VASQUEZ

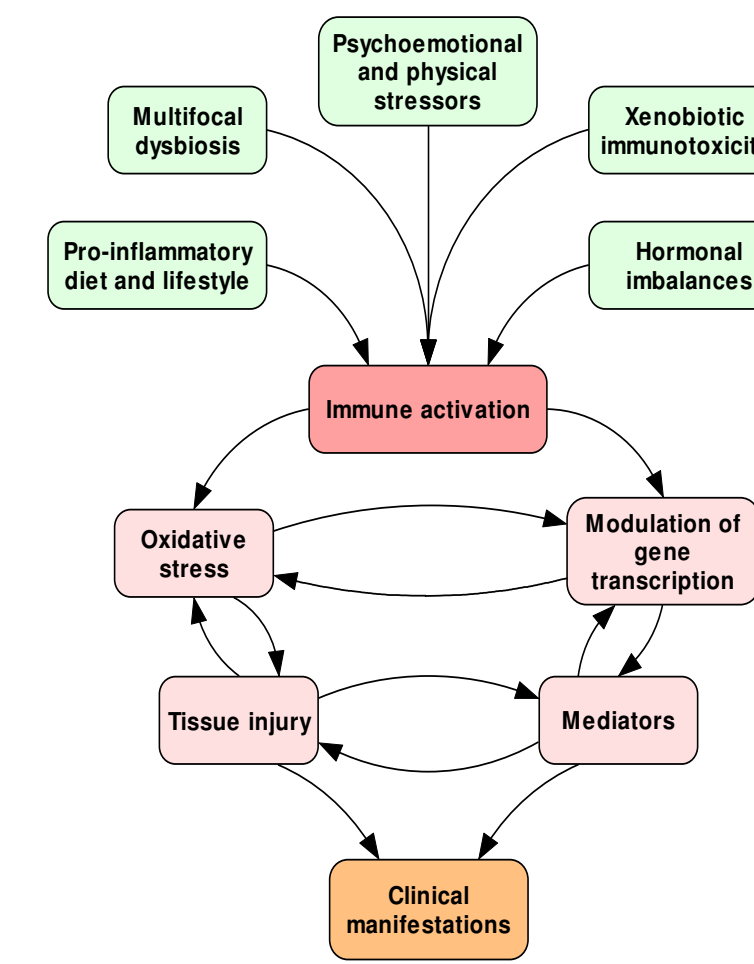


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The art of creating wellness while effectively managing acute and chronic musculoskeletal disorders



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